

# **Proposal for Aaron J. Meyer Foundation**

## **Connections Counseling Role -**

Aaron's House is not a therapeutic residence, or an institution. It is a safe place for student-residents in recovery to call their own home. A house-mentor with AODA Counseling qualifications will reside with the men to provide a center of stability and guidance. House rules should be created by the student-residents, Connections Counseling, and the house-mentor.

### **Connections Counseling**

Connections Counseling will assign a qualified Clinical Supervisor, Therapist to develop and implement Phase I and Phase II.

#### **Phase I**

- Designing an application and interview process for prospective student-residents
- Creating procedures for the House-Mentor to follow
- Creating guidelines for Clinical, recovery support for student-residents
- Fostering relationships with individuals involved in the creation of the project (Board of Directors, Mentors, Recovering community, etc.).

#### **Phase II**

- Outreach for prospective student-residents and mentors
- Interviewing and hiring a House Mentor
- Reviewing applications and interviewing student-residents
- Recommending applicants for student-residents
- Fostering a healthy culture within the house
- Consulting with involved parties in times of need

### **Financial**

With an understanding that experience plays a factor in hourly rates, we understand the range for AODA counseling is between \$30 and \$50 per hour. The expertise required will enable Connections Counseling to provide different rates for different work. The Clinical Supervisor will be paid by Connections Counseling and Connections Counseling shall bill The Aaron Meyer Foundation. The Clinical Supervisor is not an employee of the Aaron Meyer Foundation.

The Clinical Supervisor or Shelly Dutch will attend Aaron Meyer Foundation Board meetings to build understanding and cooperation. The Aaron Meyer Foundation will not be billed for Connection Counseling time for attending these meetings.

## Break Down of Work:

### Phase I – Primarily Administrative Work

- Design of application and interviewing process for student-residents – 10-15 hours
- Creation of guidelines for establishing rules of the house, leaving room for student - resident input– 20-30 hours
- Creating guidelines for professionals ( AODA and House-Mentor) – 5-10 hours
- Additional services may be billed for time and materials for services rendered.

Total hours: 35 – 55 hours At a blended rate of \$35.00 per hour. Estimated \$1950.00

### Phase II – Primarily Clinical Work

- Outreach for student-residents –**This would not be a service Aaron Meyer Foundation would compensate for. Compensation from Aaron Meyer Foundation to any professional who referred a student-resident would be improper**
- Communication with School administrative staff in selecting courses of study for specific students
- Reviewing applications and interviewing student-residents – 2 hours per individual interviewed (based on 10 individuals) 20 hours
- Fostering a healthy culture within the house – Average of 4 hours per month
- Conflict resolution, modifying guidelines, and intermediary action with involved parties in times of need – Estimate 8 hours per month

Total Hours for Application Review and Interviews: 20 – 40 Hours at \$50.00/Hr = \$2000

Total hours: 20 hours per month after August 15, 2007 at \$50.00 per hour X 12 = \$12,000

### Relationship with Connections Counseling

The Aaron Meyer Foundation, Inc will sign a partnership agreement with Connections Counseling. The partnership agreement will clarify that the Aaron Meyer Foundation will pay for the services provided by Connections Counseling to create, modify, and maintain policies, procedures, and guidelines for Phase I and Phase II. Payment of the fee will give the Aaron Meyer Foundation proprietary ownership of said policies, procedures, and guidelines. Authorship of the documents shall be maintained by Connections Counseling, LLC.

The house is not a treatment center. Residents are free to decide where they go for counseling. Connections Counseling may offer services to the residents on a fee basis and collect payment from the student-resident, but not from The Aaron Meyer or Chris Farley Foundations.

*End note: Shelly sees the possibility of starting a Stage II treatment track at Connections for house members and others that would offer groups, activities, individuals, etc.*